

A never-ending food festa

Hi, we're Vegetalian! Your friendly neighborhood restaurant, serving delicious **Italian food** with a vegetarian twist. From your morning coffee to late night dinner and everything in between.

Happy people, healthy planet

We believe that a great food experience can be a green one too. By serving you **vegetarian** and **plant-based options**, we make this planet a happier and healthier place. A place where **mindful** people make **sustainable** choices.

Craftmanship

Our products and dishes are homemade and prepared with love, passion and craftsmanship. Our own pastry chef at our Utrecht location makes delicious **pastries** and desserts. Tradition is combined with innovation and creativity to make our dishes tasty but also plant-based.

Conscious without concessions

And than our **pizza's**.... Oh how we love pizza.... And let us tell you, the secret of a good pizza is all in the dough. Our Neapolitan pizzaiolo picked out the best flour from Italy to bring our pizza dough to the next level. It's freshly made every day at all Vegetalian locations. We then let it **rise and proof** for 24-48 hours before serving you the tastiest pizzas or **Neapolitan sandwiches**.

Collaborations

We also know when someone is better at something than us. That's why we trust our **local** bakeries for our outstanding sourdough breads. **De Veldkeuken** is behind the bread used in our Utrecht locations, **Harvest Cafe & Bakery** in Rotterdam and **Fort9** in Amsterdam. They make bread traditionally, 100% organic, with grains from local growers. With partners like this, how can we not give them a shoutout!

Healthy

Isn't happy people and a healthy planet something we all want? Our way of contributing a little to this is to show how tasty and fun a green(er) lifestyle can be. It's well-known that a vegetarian/vegan lifestyle has many health benefits, so allow us to showcase how vegetables can shine as the main characters in a dish. We source them as close to home as possible – we might go the extra mile, but we rather that our veggies don't ;) Try our **shareables** or **bowls** and get a seasonal taste of what we mean!



EVENING

PIZZA & PIZZETTA until 22.00

Small for sharing/regular

Margherita 9/14,50

Red tomato base, mozzarella and basil ○ ◡

Tommy Burrata 11,50/18,50

Red tomato base, mozzarella, burrata, juicy tomatoes and pesto ◡

Truffled Mushroom 11,50/18,50

Truffled mushroom base, mozzarella, parmesan, rocket and truffle oil ○ ◡

No Pepperoni 11,00/17,50

Red tomato base, vegan pepperoni, grilled bell pepper, jalapeño, mozzarella and provolone ○ ◡ ☹ ☹ ☹

Sunny Puttanesca 10,50/16,50

Red tomato base, mozzarella, tomato, olives, capers, garlic, red onion and salty fingers ○ ◡

Bell Pepper & Roasted Veggies 10,50/16,50

Yellow bell pepper base, mozzarella, vegan nduja, roasted artichoke, roasted zucchini and taggiasca olives ○ ☹

Gorgonzola & Figs 11,00/17,50

Tomato base, mozzarella, gorgonzola, caramelized balsamic onion, pistachio crumble, rocket and a balsamic glaze ◡ ☹

Add
burrata
+4.5

Add
grilled
halloumi
+3.5

Craving Vegetarian at home? We are on Uber!

Scan the QR code or go to vegetalian.com/delivery to enjoy our delicious pizza, pasta and shareables at home!



● = vegan ○ = vegan option available ◡ = gluten-free ◡ = gluten-free option available

ALLERGENS Contains: ☹ soy ☹ nuts ☹ sesame ☹ mustard *Allergies? Let us know, we're happy to help!*

EVENING

SHAREABLES until 22.00

Caesar Salad 11,00

Romaine lettuce, boiled egg, pulled mushrooms, parmesan, vegan caesar dressing and sourdough croutons ○ ◡ ⊕

Vegan option with taggiasca olives instead of boiled egg

Cheesy Garlic Bread Pizzetta 7,50

Mozzarella, parmesan and garlic butter ○

Roasted Cauliflower 9,50

Vegan nduja, dukkah, pomegranate, harissa hummus ● ⊕ ⊕

Eggplant Ravioli 12,50

Roasted eggplant and bell pepper, yellow bell pepper sauce, vegan nduja and parmesan ○ ⊕
+ burrata 4,50

Burrata & Roasted Asparagus 11,00

Citrus almond crumble, allepo pepper oil, caramelized lemon ◡ ⊕

Savory Grilled Bowl 9,50

Lukewarm bowl with grilled sweet potato, zucchini, red onion and pointed cabbage, chickpea raita, mizuna lettuce and savory granola ● ◡ ⊕

Ricotta Gnocchi 11,00

With sage butter, crispy sage, capers, parmesan and lemon zest

MAIN DISHES until 22.00

The One and Only Ravioli 17,50

Spinach and lemon ravioli, roasted artichoke, sage, pangrattato, capers, dried tomatoes and homemade pesto ○

Puffy Perfect 17,50

Pappardelle with puffed tomato, bimi, bell pepper, basil and parmesan ○ ◡
Gluten free pasta / whole wheat fettucini available

The Truffle Fungo 17,50

Pappardelle with roasted mushrooms, roasted king oyster mushrooms, truffle sauce, parmesan, rocket, thyme and black olive crumble ○ ◡

Gluten free pasta / whole wheat fettucini available

Spinach & Roasted Spring Onion 17,50

Whole wheat fettucini with spinach sauce, crispy marinated spring onion, roasted asparagus, whipped ricotta, citrus almond crumble and chili oil ○ ◡ ⊕ ⊕

Gluten free pasta / pappardelle available, vegan option with plant-based feta

Savory Grilled Bowl 16,50

Lukewarm bowl with grilled sweet potato, zucchini, red onion and pointed cabbage, chickpea raita, mizuna lettuce and savory granola ● ◡ ⊕

+ burrata 4,5 + grilled halloumi 3,5 + ½ avocado 3 + poached egg 2,5

Italian Fregola Bowl 16,50

Fregola, puffed tomatoes, roasted artichoke, roasted zucchini, parmesan, rocket, olives, capers, savory granola and balsamic dressing ○

Add
grilled
halloumi
+3.5

Add
burrata
+4.5

EVENING

DESSERTS until 22.00

Affogato 4,75

Vegan vanilla ice cream and espresso ● ◡ ⊕

Spiked Affogato 9,50

Vegan vanilla ice cream and espresso martini ● ◡ ⊕

Tiramisu Classico 7,50

Tiramisu Pistachio ● ⊕ 8,50

Red Fruit Cheesecake 8,50

Served with chocolate ice cream and fresh fruit ● ⊕

Delizia al Limoncello 8,50

Served with dark chocolate crumble, fresh fruit and a shot of limoncello ●

Lemon Tartlet 8,50

Served with honeycomb ice cream and cookie crumble ⊕

Dark Chocolate Tart 8,50

With Amarena cherry ● ⊕ ⊕

Dark Chocolate Mousse 8,50

With praline ● ◡ ⊕

**Did you know we have
catering possibilities as well?**

Scan the QR code or go to vegetalian-catering.nl for more
information.



● = vegan ○ = vegan option available ◡ = gluten-free ◣ = gluten-free option available

ALLERGENS Contains: ⊕ soy ⊕ nuts ⊕ sesame ⊕ mustard *Allergies? Let us know, we're happy to help!*